

The Fisher Alzheimer's Education and Resources Program at NYU Grossman School of Medicine

The Fisher Alzheimer's Education and Resources Program at the NYU Grossman School of Medicine (formerly known as NYU School of Medicine) examined the health outcomes of the Comprehensive, Individualized, Patient Centered Alzheimer's Management Program. Specifically, scientists examined the effects of this program on antidepressant usage and cost. A poster was prepared which Dr. Kenowsky will present at the Alzheimer's Association International Conference in July 2020. These results are under embargo until presented at the conference.

In addition, the relationship between behavioral disturbances and the progression of persons with subjective cognitive decline (SCD) was studied. Of the 73 people with SCD, the most commonly occurring behavioral symptoms were anxieties in 49.3%, sleep disturbances in 20.5%, tearfulness in 12.3% and verbal outbursts in 9.6%. The subjects were followed for approximately two years. The study found that the occurrence of behavioral disturbances is associated with subsequent mild cognitive impairment (MCI) or dementia -- acting as a harbinger of decline in persons with SCD. Dr. Reisberg presented these findings at the Alzheimer's Association International Conference in Los Angeles this year.

